



# September Breakfast Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older ****</i></p>			<p>1 Pancakes (WG) Pears</p>	<p>2 Toast (WG) Applesauce</p>	<p>3 Cereal Orange slices</p>	<p>Ages 1-2  Grain 1/2 oz Veg/Fruit 1/4 cup Milk 1/2 cup</p>
<p>5  WG= Whole Grain</p>	<p>6 SCHOOL CLOSED- in Observation of Labor Day</p>	<p>7 Waffles (WG) Mandarin Oranges</p>	<p>8 Cinnamon Toast (WG) Peaches</p>	<p>9 Pancakes (WG) Banana</p>	<p>10 Bagel (WG) w/cream cheese Pears</p>	<p>Ages 3-5  Grain 1/2 oz Veg/Fruit 1/2 cup Milk 3/4 cup</p>
<p>12</p>	<p>13 French Toast Sticks (WG) Banana</p>	<p>14 Pancakes (WG) Apple Slices</p>	<p>15 Biscuit (WG) w/jelly Apricots</p>	<p>16 Raisin Bread (WG) w/cream cheese Peaches</p>	<p>17 Cereal Orange Slices</p>	<p>Ages 6-12  Grain 1 oz Veg/Fruit 1/2 cup Milk 1 cup</p>
<p>19</p>	<p>20 Pancakes (WG) Applesauce</p>	<p>21 Cinnamon Toast (WG) Pineapple chunks</p>	<p>22 Waffles (WG) Banana</p>	<p>23 English Muffins Orange slices</p>	<p>24 Bagel (WG) w/cream cheese Pears</p>	<p>25</p>
<p>26 <i>This institution is an equal opportunity provider</i></p>	<p>27 Biscuit (WG) w/ jelly Peaches</p>	<p>28 French Toast Sticks (WG) Banana</p>	<p>29 Pancakes (WG) Pears</p>	<p>30 Toast (WG) Applesauce</p>		

