Sun		Tue	Wed	Thu	933		
- Whole Grain					1	Ages 1-2	
					Wheat Thins (WG) Mandarin Oranges	Grain 1/2 oz Veg/Fruit 1/4 Milk 1/2 cup	
Whole, unflavored milk is served to children one year of age and 1 per-	4	5	6	7	8	Ages 3-5	
cent, unflavored milk to all children two years of age and older ****	Graham Crackers Pineapple	Snack Mix Apple Slices	Cheese-its Pears	Goldfish (WG) Peaches	Snack Mix Banana	Grain 1/2 oz Veg/Fruit 1/2 Milk 3/4 cup	
This institution is an equal oppor-	11	12	13	14	15	Ages 6-12	
tunity provider	Animal Crackers 100% Apple Juice	Pretzels Cantaloupe	Carrots w/ranch Saltine Crackers	Wheat Thins (WG) Bananas	Goldfish (WG) Peaches	Grain 1 oz Veg/Fruit 1/2 Milk 1 cup	
17	18	19	20	21	22		
	Carrots w/Ranch Saltine Crackers	Wheat Thins (W <i>G</i>) Bananas	Graham Crackers Fruit Cocktail	Snack Mix Pears	Cheese-its Applesauce		
24/31	25	26	27	28	29	30	
24/31	Animal Crackers Mandarin Oranges	Carrots w/ranch Saltine Crackers	Chips n' Salsa 100 % Apple Juice	Wheat Thins (WG) Mandarin Oranges	Wheat Thins (WG) Mandarin Oranges	30	