



# November Lunch Menu



Mon	Tue	Wed	Thu	Fri	Sat	
WG= Whole Grain		1 Pizza w/turkey pepperoni Corn Applesauce	2 Spinach Lasagna Mixed Veggies Cantaloupe	3 Chicken Teriyaki w/Rice Cucumbers Pineapple Chunks	4 Grilled Turkey & Cheese Sandwich(WG) Carrots Apricots	Ages 1-2  Grain 1/2 oz Veg/Fruit 1/4 cup Milk 1/2 cup
9 <i>Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to</i>	7 Chicken Macaroni Green Beans Cantaloupe	8 Spaghetti e/ turkey meatballs Cucumbers Peaches	9 Chicken Tacos w/cheese (WG) Salad Mango	10 Bean & Cheese Burrito (WG) Corn Fruit Cocktail	11 Turkey & Cheese Wrap (WG) Tater Tots Pears	Ages 3-5  Grain 1/2 oz Veg/Fruit 1/2 cup Milk 3/4 cup
13	14 Chicken Fideo Soup Corn Peaches	15 Sloppy Joe w/ground Turkey (WG) Salad Mango	16 Chicken w/ Spanish Rice Broccoli Apple Slices	17 Chicken Tacos w/cheese (WG) Carrots Melon	18 Grilled Turkey & Cheese Sandwich(WG) Mixed Veggies Fruit Cocktail	Ages 6-12  Grain 1 oz Veg/Fruit 1/2 cup Milk 1 cup
20	21 Chicken Teriyaki w/Rice Carrots Pineapple Chunks	22 Bean & Cheese Burritos (WG) Tater Tots Watermelon	23 Turkey & Mashed Potatoes w/ Gravy Pears & Roll Fruit Cocktail	24 <b>Thanksgiving SCHOOL CLOSED</b>	25 <b>Thanksgiving SCHOOL CLOSED</b>	26
27	28 Chicken Quesadilla (WG) Salad Pears	29 Pizza w/turkey pepperoni Corn Applesauce	30 Spinach Lasagna Mixed Veggies Cantaloupe			

