March Breakfast Menu

Sun		Tue	Wed	Thu	Fri	Sat
WG= Whole					1	Ages 1-2
Grain					Bagel (WG)	Grain 1/2 oz
					w/Cream Cheese Pears	Veg/Fruit 1/4 cup Milk 1/2 cup
					reurs	Milk 172 cup
Vhole, unflavored milk		The last of the la	6	7	8	
is served to children	Diai+ (\A/C)/	Franch Taget	Danaska (MC)	To add (MC)	Canaal	Ages 3-5
one year of age and 1 percent, unflavored	Biscuit (WG) w/ Jelly	French Toast Sticks (WG)	Pancakes (WG) Pears	Toast (WG) Applesauce	Cereal Orange Slices	Grain 1/2 oz
nilk to all children two	Peaches	Banana	reurs	Applesauce	Orange Sinces	Veg/Fruit 1/2 cup
vears of age and older ****	1 oderies	Danana				Milk 3/4 cup
This institu-	11	12	13	14	15	•
tion is an equal			10	- 1	10	Ages 6-12
opportunity	English Muffin	Waffles (WG)	Cinnamon Toast	Pancakes (WG)	Bagel (WG)	3
provider	Apple Slices	Mandarin Oranges	(WG)	Pineapple	w/Cream Cheese	Grain 1 oz
			Peaches		Pears	Veg/Fruit 1/2 cup
17	18	19	20	21	22	
	French Toast Sticks	Pancakes (WG)	Biscuit (WG) w/jelly	Raisin Bread (WG)	Cereal	
	(WG)	Pineapple	Apple Slices	w/Cream Cheese	Orange Slices	
	Banana			Peaches		
24/31	25	26	27	28	29	
	Pancakes (WG)	Cinnamon Toast	French Toast	English Muffins	Bagel (WG)	
	Applesauce	(WG)	Sticks (WG)	Orange Slices	w/Cream Cheese	
	• •	Peaches	Banana	<u> </u>	Pears	