


# March Breakfast Menu

Sun	Tue		Wed	Thu	Fri	Sat
WG= Whole Grain					1	Ages 1-2
					Bagel (WG) w/Cream Cheese Pears	Grain 1/2 oz Veg/Fruit 1/4 cup Milk 1/2 cup
Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older ****	Biscuit (WG) w/ Jelly Peaches	French Toast Sticks (WG) Banana	6 Pancakes (WG) Pears	7 Toast (WG) Applesauce	8 Cereal Orange Slices	Ages 3-5
						Grain 1/2 oz Veg/Fruit 1/2 cup Milk 3/4 cup
This institution is an equal opportunity provider	11 English Muffin Apple Slices	12 Waffles (WG) Mandarin Oranges	13 Cinnamon Toast (WG) Peaches	14 Pancakes (WG) Pineapple	15 Bagel (WG) w/Cream Cheese Pears	Ages 6-12
						Grain 1 oz Veg/Fruit 1/2 cup
17	18 French Toast Sticks (WG) Banana	19 Pancakes (WG) Pineapple	20 Biscuit (WG) w/jelly Apple Slices	21 Raisin Bread (WG) w/Cream Cheese Peaches	22 Cereal Orange Slices	
24/31	25 Pancakes (WG) Applesauce	26 Cinnamon Toast (WG) Peaches	27 French Toast Sticks (WG) Banana	28 English Muffins Orange Slices	29 Bagel (WG) w/Cream Cheese Pears	