



November Breakfast Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
WG= Whole Grain		1 Pancakes (WG) Apple Slices	2 Biscuit (WG) w/jelly Orange slices	3 Raisin Bread (WG) w/cream cheese Peaches	4 Cereal Orange Slices	Ages 1-2 Grain 1/2 oz Veg/Fruit 1/4 cup Milk 1/2 cup
<i>Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to</i>	7 Pancakes (WG) Applesauce	8 Cinnamon Toast (WG) Peaches	9 Waffles (WG) Banana	10 English Muffins Orange slices	11 Bagel (WG) w/cream cheese Pears	Ages 3-5 Grain 1/2 oz Veg/Fruit 1/2 cup Milk 3/4 cup
	14 Biscuit (WG) w/ jelly Peaches	15 French Toast Sticks (WG) Banana	16 Pancakes (WG) Pears	17 Toast (WG) Applesauce	18 Cereal Orange slices	Ages 6-12 Grain 1 oz Veg/Fruit 1/2 cup Milk 1 cup
<i>This institution is an equal opportunity provider</i>	21 English Muffin Apple Slices	22 Waffles (WG) Mandarin Oranges	23 Cinnamon Toast (WG) Peaches	24 Thanksgiving SCHOOL CLOSED	25 Thanksgiving SCHOOL CLOSED	
	27	28 French Toast Sticks (WG) Banana	29 Pancakes (WG) Apple Slices	30 Biscuit (WG) w/jelly Orange slices		

