



Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ages 1-2 Grain 1/2 oz Veg/Fruit 1/2 cup Juice/Water 1/2 Cup	2 Chips & Salsa Apple Slices	3 Cheez-it Bananas	4 Cereal Mix (WG) Melon	5 Wheat Thins (WG) Orange Slices	6 Saltines Cucumber w/ Ranch	3 **This institution is an equal opportunity provider**
Ages 3-5 Grain 1/2 oz Veg/Fruit 1/2 cup Juice/Water 1/2 Cup	9 Ritz Crackers (WG) & Carrots w/ Ranch	10 Graham Crackers Yogurt	11 Cheez-it Juice	12 Animal Crackers Bananas	13 Cereal Mix Orange Cuties	*WG- Whole Grain
Water is served with every snack unless otherwise stated	16 Wheat Thins (WG) Pears	17 Pretzels Bananas	18 Snack Mix Celery w/ Ranch	19 Goldfish (WG) Melon	20 Graham Crackers Yogurt	
	23 Snack Mix Carrots w/ Ranch	24 Cheese Nachos Cucumber w/ Ranch	25 Goldfish Apple Slices	26 Pretzel Mix Bananas	27 Wheat Thins (WG) Juice	
	30 Chips & Salsa Melon	31 Animal Crackers Orange Cuties				

