

Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ages 1-2 Grain 1/2 oz Meat 1 oz Veg 1/8 cup Fruit 1/8 cup Milk 1/2 cup	2 Chicken Fettuccini Alfredo (WG) Salad Pineapple	3 Grilled Turkey & Cheese Sandwich (WG) Cucumbers Mandarin Oranges	4 Chicken Quesadilla Spanish Rice Corn Fruit Cocktail	5 Sloppy Joes Peas Peaches	6 Chicken Garlic Noodles Peas & Carrots Peaches	**This institution is an equal opportunity provider**
Ages 3-5 Grain 1/2 oz Meat 1 1/2 oz Veg 1/4 cup Fruit 1/4 cup Milk 3/4 cup	9 Macaroni & Cheese (WG) w/Ground Turkey Peas & Carrots Orange Slices	10 Chicken Fideo Soup w/ (WG) Toast Salad Fruit Cocktail	11 Bean & Cheese Burritos (WG) Steamed Carrots Pineapple	12 Mini Cheese Pizza w/ Turkey (WG) Corn Applesauce	13 Chicken Chow Mein (WG) Mixed Veggies Mandarin Oranges	**Whole, unflavored, milk is served to children 1 year of age** **1 %, unflavored , milk to all children 2 years of age and older **
	16 Chicken Tostada Corn Pineapple	17 Ziti (WG) w/ Turkey Peas & Carrots Applesauce	18 Baked Beans w/ (WG) Toast Salad Peaches	19 Beans & Rice Burritos (WG) Mixed Veggies Fruit Cocktail	20 Turkey & Cheese Wrap (WG) Cucumbers Peaches	*WG= whole grain
	23 Spaghetti (WG) w/Ground Turkey Peas & Carrots Peaches	24 Chicken Macaroni Salad Corn Pineapple	25 Chicken Teriyaki w/ Rice (WG) Broccoli Mandarin Oranges	26 Turkey Meatball Soup Mixed Veggies Applesauce	27 Turkey Slider (WG) Peas Fruit Cocktail	
25	30 Chicken Fettuccini Alfredo (WG) Salad Pineapple	31 Meat Lasagna (WG) Broccoli Orange Slices				